

Venerdì
Friday
Vendredi

D1
TOR450 START

Sabato
Saturday
Samedi

D2

Domenica
Sunday
Dimanche

D3
TOR330 START

Lunedì
Monday
Lundi

D4

Martedì
Tuesday
Mardi

D5
TOR130 START

Mercoledì
Wednesday
Mercredi

D6

Giovedì
Thursday
Jeudi

D7

Venerdì
Friday
Vendredi

D8

Sabato
Saturday
Samedi

D9
TOR30 START

TOR130 - Tot Dret

Gressoney St. Jean - September

Location	POI tipology	Altitude (m)	Distance (km)	Delta km	D+ (m)	D+ relative (m)	D- relative (m)	Fastest passage	Flowest passage	Cut off time
TOR130 START	START	1384	0	0	0	0	0	D5 21.00		
Alpenzu Grande	R	1776	3.6	3.61	475	475	83			
Col Pinter	W	2781	8.05	4.45	1510	1035	30			
Cuneaz	W	2051	11.76	3.72	1588	78	808			
Champoluc	R+A	1575	15.5	3.74	1633	45	521	D5 23.15	D6 02.44	
Saint-Jaques	W	1693	18.29	2.79	1789	156	39			
Rifugio Grand Tourmalin	R	2551	23.3	5.02	2681	892	34	D6 00.31	D6 08.07	
Col de Nannaz	W	2775	24.84	1.54	2948	266	43			
Col Des Fontaines	W	2694	26.21	1.37	3003	55	136			
Cheneil	W	2110	29.14	2.93	3010	7	591			
Valtournenche TOR130	R	1504	32.14	3.01	3036	26	632	D6 1.45	D6 08.00	D6 08.00
Rifugio Jean Barmasse	R	2172	37.02	4.88	3872	836	168	D6 02.46	D6 10.03	
Fenetre D'ersaz	W	2289	41.01	3.99	4199	327	210			
Gordza	R	1959	48.1	7.11	4368	169	500	D6 04.09	D6 13.43	
Col Fenêtre - Torgnon	W	2183	49.7	1.6	4604	236	12			
Rifugio Lo Magià	R	1995	55.07	5.38	4861	257	445	D6 05.13	D6 14.40	
Rifugio Oratorio Di Cuney	R+A	2655	58.53	3.46	5544	683	24	D6 06.05	D6 16.24	
Col de Chaleby	W	2684	60.9	2.37	5723	179	150			
Bivacco Rosaire Clermont	R	2704	63.12	2.22	5934	211	190	D6 06.57	D6 18.31	
Col de Vessonaz	W	2787	63.51	0.39	6022	88	5			
Oyace	Base vita	1350	72.92	9.42	6189	167	1604	D6 8.17	D6 19.30	D6 19.30
Brunon Arp	R	2188	76.94	4.03	7083	895	57	D6 08.30		
Col Brison	A	2519	78.56	1.62	7455	371	40			
Berrio Damon	R	1936	81	2.43	7524	69	652	D6 09.00		
Ollomont TOR130	R	1384	84.79	3.8	7609	85	637	D6 09.57	D6 23.52	D7 00.00
Rifugio Letey Champillon	R	2422	89.43	4.65	8670	1061	23	D6 11.18	D7 02.54	
Col de Champillon	W	2711	90.55	1.11	8961	291	2			
Ponteille	R	1880	96	5.46	9088	127	958	D6 12.28	D7 05.10	
Saint Rhemy	W	1618	104.35	8.36	9382	293	555			
Bosses - Time Barrier	R+A	1525	106.12	1.77	9410	28	121	D6 13.35	D7 06.57	D7 7.00
Merdeux	W	2272	113.78	7.67	10286	877	129			
Rifugio Pier Giorgio Frassati	R	2547	115.23	1.45	10574	287	12	D6 15.38	D7 11.02	
Col Malatrà	A	2920	117.3	2.07	10971	397	24			
Entre Deux Sauts	R+A	2529	121.07	3.78	11164	194	585	D6 17.24	D7 13.26	
Arminaz	W	1992	124.64	3.58	11175	11	548			
Mont de la Saxe	R	2037	129.84	5.21	11474	299	254	D6 18.31	D7 16.05	
TORX Finish Line	A+R	1230	134.45	4.61	11515	41	848	D6 19.06	D7 17.00	D7 17.00

*POI Tipology A = Aid station R = Refreshment point W = Simple waypoint Base vita = all services are available