

Venerdì Friday Vendredi	Sabato Saturday Samedi	Domenica Sunday Dimanche	Lunedì Monday Lundi	Martedì Tuesday Mardi	Mercoledì Wednesday Mercredi	Giovedì Thursday Jeudi	Venerdì Friday Vendredi	Sabato Saturday Samedi
D1 TOR450 START	D2	D3 TOR330 START	D4	D5 TOR130 START	D6 TOR100 START	D7	D8	D9 TOR30 START

TOR130 - Tot Dret											
Gressoney St. Jean											
Location	POI typology	Altitude	Distance from START	Distance from previous point	D+ from START	D+ from previous point	D- from START	D- from previous point	Fastest passage	Slowest passage	Cut off time
Gressoney - START TOR130	START	1,384 m	0.0 Km	0	m	m	m	m	D5 21.00		
Alpenzu Grande	R	1,776 m	3.6 Km	3.6 Km	416 m	416 m	63 m	63 m			
Col Pinter	W	2,782 m	8.0 Km	4.4 Km	1,342 m	926 m	83 m	20 m			
Cuneaz	W	2,051 m	11.8 Km	3.7 Km	1,401 m	59 m	814 m	731 m			
Champoluc	R+A	1,576 m	15.5 Km	3.7 Km	1,421 m	20 m	1,251 m	437 m	D5 23.06	D6 02.44	
Saint-Jaques	W	1,693 m	18.3 Km	2.8 Km	1,515 m	94 m	1,268 m	17 m			
Rifugio Grand Tournalin	R	2,552 m	23.3 Km	5.0 Km	2,243 m	728 m	1,280 m	12 m	D6 00.18	D6 08.07	
Col de Nannaz	W	2,775 m	24.8 Km	1.5 Km	2,479 m	236 m	1,305 m	25 m			
Col Des Fontaines	W	2,694 m	26.2 Km	1.4 Km	2,521 m	42 m	1,425 m	120 m			
Cheneil	W	2,110 m	29.1 Km	2.9 Km	2,526 m	5 m	1,964 m	539 m			
Valtournenche	R	1,504 m	32.1 Km	3.0 Km	2,540 m	14 m	2,544 m	580 m	D6 01.18	D6 08.00	D6 08.00
Rifugio Jean Barmasse	R	2,173 m	37.0 Km	4.9 Km	3,332 m	792 m	2,694 m	150 m	D6 02.15	D6 10.03	
Fenetre D'Ersaz	W	2,290 m	41.0 Km	4.0 Km	3,632 m	300 m	2,853 m	159 m			
Gordza	R	1,960 m	48.1 Km	7.1 Km	3,773 m	141 m	3,332 m	479 m	D6 03.28	D6 13.43	
Col Fenêtre - Torgnon	W	2,184 m	49.7 Km	1.6 Km	4,008 m	235 m	3,344 m	12 m			
Rifugio Lo Magià	R	1,996 m	55.5 Km	5.8 Km	4,263 m	255 m	3,802 m	458 m	D6 04.25	D6 14.40	
Rifugio Cuney	R+A	2,655 m	59.0 Km	3.5 Km	4,911 m	648 m	3,816 m	14 m	D6 05.14	D6 16.24	
Col de Chaleby	W	2,684 m	61.3 Km	2.4 Km	5,059 m	148 m	3,956 m	140 m			
Bivacco R. Clermont	R	2,705 m	63.6 Km	2.2 Km	5,243 m	184 m	4,137 m	181 m	D6 06.01	D6 18.31	
Col de Vessonaz	W	2,788 m	63.9 Km	0.4 Km	5,327 m	84 m	4,140 m	3 m			
Oyace	Base vita	1,351 m	74.3 Km	10.3 Km	5,481 m	154 m	5,686 m	1,546 m	D6 07.21	D6 19.30	D6 19.30
Bruson Arp	R	2,188 m	78.3 Km	4.0 Km	6,364 m	883 m	5,734 m	48 m	D6 08.31		
Col Brison	A	2,519 m	79.9 Km	1.6 Km	6,726 m	362 m	5,771 m	37 m	D6 08.57		
Berrio Damon	R	1,936 m	82.4 Km	2.4 Km	6,791 m	65 m	6,413 m	642 m	D6 09.29		
Ollomont	R+A	1,384 m	86.2 Km	3.8 Km	6,848 m	57 m	7,035 m	622 m	D6 09.44	D6 23.52	D7 00.00
Rifugio Letey Champillon	R	2,422 m	90.8 Km	4.6 Km	7,877 m	1,029 m	7,051 m	16 m	D6 11.07	D7 02.54	
Col de Champillon	W	2,711 m	91.9 Km	1.1 Km	8,162 m	285 m	7,051 m	m			
Ponteille	R	1,880 m	97.4 Km	5.5 Km	8,256 m	94 m	7,976 m	925 m	D6 12.13	D7 05.10	
Saint Rhemy	W	1,618 m	105.7 Km	8.4 Km	8,484 m	228 m	8,444 m	468 m			
Bosses	R+A	1,525 m	107.5 Km	1.8 Km	8,504 m	20 m	8,527 m	83 m	D6 13.27	D7 06.57	D7 7.00
Merdeux	W	2,272 m	115.1 Km	7.7 Km	9,264 m	760 m	8,610 m	83 m			
Rifugio Frassati	R+A	2,548 m	116.6 Km	1.4 Km	9,535 m	271 m	8,617 m	7 m	D6 15.14	D7 11.02	
Col Malatrà	A	2,921 m	118.7 Km	2.1 Km	9,906 m	371 m	8,636 m	19 m			
Rif Bonatti	R+A	2,025 m	124.2 Km	5.6 Km	9,911 m	5 m	9,459 m	823 m	D6 16.32	D7 13.26	
Rif. Bertone	R+A	1,991 m	131.7 Km	7.5 Km	10,262 m	351 m	9,842 m	383 m			
TORX FINISH	FINISH	1,230 m	136.1 Km	4.4 Km	10,295 m	33 m	10,611 m	769 m	D6 18.11	D7 17.00	D7 17.00

*POI Typology A = Aid station R = Refreshment point W = Simple waypoint Base vita = all services are available